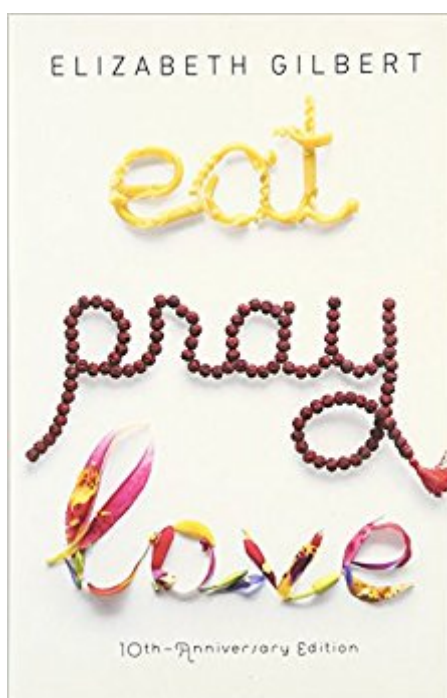


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# Eat, Pray, Love: One Woman's Search For Everything Across Italy, India And Indonesia



## Synopsis

The 10th anniversary edition of one of the most iconic, beloved, and bestselling books of our time. Elizabeth Gilbert's *Eat Pray Love* touched the world and changed countless lives, inspiring and empowering millions of readers to search for their own best selves. Now, this beloved and iconic book returns in a beautiful 10th anniversary edition, complete with an updated introduction from the author, to launch a whole new generation of fans.    In her early thirties, Elizabeth Gilbert had everything a modern American woman was supposed to want—a husband, country home, successful career—but instead of feeling happy and fulfilled, she was consumed by panic and confusion. This wise and rapturous book is the story of how she left behind all these outward marks of success, and set out to explore three different aspects of her nature, against the backdrop of three different cultures: pleasure in Italy, devotion in India, and on the Indonesian island of Bali, a balance between worldly enjoyment and divine transcendence.

## Book Information

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## Customer Reviews

Starred Review. Gilbert (*The Last American Man*) grafts the structure of romantic fiction upon the inquiries of reporting in this sprawling yet methodical travelogue of soul-searching and self-discovery. Plagued with despair after a nasty divorce, the author, in her early 30s, divides a year equally among three dissimilar countries, exploring her competing urges for earthly delights and divine transcendence. First, pleasure: savoring Italy's buffet of delights--the world's best pizza, free-flowing wine and dashing conversation partners--Gilbert consumes la dolce vita as spiritual

succor. "I came to Italy pinched and thin," she writes, but soon fills out in waist and soul. Then, prayer and ascetic rigor: seeking communion with the divine at a sacred ashram in India, Gilbert emulates the ways of yogis in grueling hours of meditation, struggling to still her churning mind. Finally, a balancing act in Bali, where Gilbert tries for equipoise "betwixt and between" realms, studies with a merry medicine man and plunges into a charged love affair. Sustaining a chatty, conspiratorial tone, Gilbert fully engages readers in the year's cultural and emotional tapestry--conveying rapture with infectious brio, recalling anguish with touching candor--as she details her exotic tableau with history, anecdote and impression. Copyright Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

At the age of thirty-one, Gilbert moved with her husband to the suburbs of New York and began trying to get pregnant, only to realize that she wanted neither a child nor a husband. Three years later, after a protracted divorce, she embarked on a yearlong trip of recovery, with three main stops: Rome, for pleasure (mostly gustatory, with a special emphasis on gelato); an ashram outside of Mumbai, for spiritual searching; and Bali, for "balancing." These destinations are all on the beaten track, but Gilbert's exuberance and her self-deprecating humor enliven the proceedings: recalling the first time she attempted to speak directly to God, she says, "It was all I could do to stop myself from saying, 'I've always been a big fan of your work.'" Copyright © 2006 The New Yorker --This text refers to an out of print or unavailable edition of this title.

Liz Gilbert bares her soul in this book and shows us that there will always be difficulties in life, you will make mistakes and you have to learn to live with them without beating yourself up. Her whimsical manner of writing gives it a more familiar feel to all of this which makes it easier to sink in. I very much enjoyed this book and every character reminded me of someone in my life, especially a very close friend of mine. If you need a book that will teach you to just let go this is the best book I can recommend.

This book (somehow memoir doesn't seem to do justice to what Gilbert has produced) will make you silent in realizing profound and great wisdom before making you blurt sudden laughter upon reading the very next page. Everything that a full human life has...it is all here: the rough, tough, and heart-breaking mixed alongside the soaring, transcending heights of joy and love. But it isn't merely a neat packaging of a complex life that will make you feel privileged to witness. This book is a gift calling you to actively seek out a fuller life for your own self--not in some self-help way--but by

offering keys to (often subtle) realizations about what your own life is and could be. It is Gilbert's telling of her journey with such open truth and unfailing sincerity that calls you to look with clarity at yourself and not just be a bystander to her or your own life. Because Gilbert shares so deeply, it is a book that you will read and then instantly share with another. IN SHORT: In this poignant account of one woman's journey, you ultimately feel connected not only to the people that populate the pages, but also to the larger workings of your own life and the universe.

I am torn: I completely see the criticisms of many reviewers, but in the end I found this book to pretty realistic...in at least the sense of haven't we all at least dreamed of this?! It just seems that she was in the time and place of her life that she could do it! That's not selfish or childish, that's someone realizing their dreams. So with that said, I loved the book and not long after reading it my husband and I (yes I took him with me ;) ) decided to move overseas. We also have visited Bali and I saw a medicine man too and went to Italy. I like that the book is a dreamy summary of living your life, but the unfortunate part is that traveling and finding yourself is much more than this book gives you--- this is traveling to find yourself "light version."

Firstly, I liked this book as it was split into three parts. This made it an easier read for me as I am not always keen on reading longer novels compared to short stories and novellas. An aspect of the book which I found interesting was that for each part of the book, the writer takes you on this story which starts off rather 2-dimensional, but then quickly develops it into a vivid multi-dimensional journey of Liz's experiences. This along with the style of writing helped the reader grasp that it's more than a story and it's a series of real events that occurred. I rated this book 4/5 because it is insightful and thought provoking.

Eat Pray Love is one of my favorite movies, and I wanted to read the book to compare. I do very much love the book, and you do get more detail into the story reading the book. There are some differences between movie and book, and if you have watched the movie, you will notice them. Still, a great book.

I love that I bought the 10th - Anniversary addition. I saw the movie years ago but I seriously had no clue it was a true story. She wrote a preface about the 10th anniversary and I have to admit that it was so great to know happy endings really do take place. If you are going through anything in your life as a woman, feeling down, lost, unsure about God's plan for you, this book seriously helps. I

know it wasn't written as a self help, but you would be very surprised what it can do for you in the end.

For me this book captured my attention at the beginning and held huge promise. I loved the start when the author was talking about her experiences prior to leaving on her trip and what drove her to go etc. However I did find it dragged sometimes especially in the Indian and Indonesia sections and I found myself skipping over some parts because the historical references really didn't interest me. I am however inspired to see the movie now having read the book.

One of the most enjoyable books I've ever read. Elizabeth Gilbert's voice springs off the pages like a perfumed firecracker. I lost track of the time. The living room dissolved into nothingness around me. Definitely a Bucket List read.

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